

# The Dreaming Conversations

## AGREEMENTS

**Acceptance.** Suspend judgment as best you can.

**Listen** with respect. Interrupt only if you cannot hear.

**Sincerity.** Speak what has personal heart and meaning.

**Brevity.** Go for honesty and depth, but respect other people's time as well.

**Curiosity.** Seek to understand rather than persuade.

**Diversity.** Invite and honor all points of view.

**Discretion.** What is said here, stays here; except for the parts that become part of the art anonymously. When you talk about the Conversation, please honor the trust that has been created and keep participants' information confidential.

**Agenda-free.** Explore your thoughts and ideas; don't promote an agenda.

**Pass** if you don't wish to speak.

Process      *Optimum group size: 3 to 8 people*

- Introduce *The Dreaming* ([www.thedreaming.info](http://www.thedreaming.info)). Choose a Listener.
- Review Agreements. Choose a Talking Object.
- Cross your arms; now the other way. Notice the discomfort of changing habits.
- Question 1. Go-round.
- Question 2. Go-round.
- Question 3. Go-round.
- Question 4. Go-round.
- Parting Words: what was interesting here? Go-round.

Name:

1.

2.

3.

4.